subduing grace of Christ comes into the soul, and the love of Christ draws hearts together in a blessed unity. [DA 650.4-650.5]

## **Prompts for self-examination**

As you prepare for our footwashing service, tak	e some time to pray and ask God	to reveal anything in your heart that is selfish
self-seeking or self-motivated. Use the space belo	w to process what He brings to mind	d. Here are some prompts to get you started:

-	prepare for our footwashing service, take some time to pray and ask God to reveal anything in your heart that is selfish, eking or self-motivated. Use the space below to process what He brings to mind. Here are some prompts to get you started:
1.	Toward whom do I feel resentful or bitter?
2.	Where have I been self-seeking, dishonest or afraid?
3.	Have I committed any wrong for which I need to make amends? If I'm not sure, who can I ask for advice?
4.	Write down each person you feel "unlove" towards. Next to their name briefly list what caused the feelings.
	a. Next, ask yourself, "What was my part in the situation?"
	(ie Did I do something to trigger this from the other person? Am I demanding my rights? Do I have expectations for this situation that I need to surrender to God? Did I fail to respond in love when I was mistreated or perpetrated against? Am I still justifying "unlove" in my heart toward this situation or person?)

The goal here is to be hard on the spirit of self, but to give grace to your heart and to others. We need to discover wherever "unlove" exists in us and bring it to Christ to be eradicated from our characters, while recognizing our precious value and identity in Him. We must deal truly with our own souls, but not beat ourselves up. The devil and his schemes are the enemy, not our selves!

Honestly examine your heart and character. Then bring what you find to Jesus and revel in His victorious love and transformative power!